

# Monthly Digest

Find information and resources that support your efforts in promoting brain health and supporting people living with Alzheimer's disease and related dementias, their caregivers, and families in Los Angeles County.

## News and Updates

- **New!** DPH has published article "Comorbidity of Type 2 Diabetes and Dementia among Hospitalized Patients in Los Angeles County: Hospitalization Outcomes and Costs, 2019–2021" in Diabetology. [Download the article.](#)
- **New!** DPH has developed materials summarizing highlights from [The LAC ADRD Strategic Plan](#). Share the companion materials with others who may find them valuable. [Download the materials.](#)
- **New!** DPH has developed 3 new social media toolkits focused on the heart-brain connection, early detection of dementia, and advance care planning and dementia. [Download the social media toolkits and share across your social media platforms.](#)
- **New!** U.S. Department of Health and Human Services has released [National Plan to address Alzheimer's Disease: 2023 Update.](#)



## Upcoming Events

- Jan. 10** - **ACL Webinar:** What the aging and disability networks need to know about the CMS GUIDE model for dementia care. [Register Now.](#)  
1 PM PST
- Jan. 16** - **NADCR Webinar:** Strengthening the Dementia Capable Workforce: Dementia Training for Intellectual and Developmental Disabilities Providers. [Register Now.](#)  
10 AM PST
- Feb. 6** - **NADCR Webinar:** Finding the Way in Dementia Care: Use of Care Navigators for People Living with Dementia and their Caregivers. [Register Now.](#)  
12 PM PST
- Mar. 9** - **USC/Rancho Conference:** Many Faces of Dementia Conference 2024. [Registration opens January 3, 2024.](#)

## Funding Opportunities

### BRAIN HEALTH EQUITY NURSE FELLOWSHIP

**Deadline: Jan. 5, 2024**

This fellowship is designed to address knowledge gaps among knowledge gaps among African American and Latino nurse professionals, so they are better equipped to promote brain health in the communities they serve. CE credits available.

### VIRTUAL COACH: HEALTHMATTERS PROGRAM

**Deadline: Jan. 12, 2024**

This 12-week health promotion program is designed for community-based service providers, frontline staff, and caregivers to support healthy options and choices for people with intellectual and developmental disabilities.

### GUIDE MODEL: GUIDING AN IMPROVED DEMENTIA EXPERIENCE

**Deadline: Jan. 30, 2024**

CMS is accepting applications for the GUIDE Model, a new voluntary nationwide model test that aims to support people living with dementia and their unpaid caregivers. The model will launch on July 1, 2024, and will run for eight years.





## In the Spotlight

The LA BOLD team recently received a DPH Leadership Values Award, recognizing our work in developing the LAC ADRD Strategic Plan. We want to thank everyone who participated in the strategic planning process, and we are eager to continue working collaboratively with everyone to implement the plan in the years to come.



Share your organization's impactful efforts in supporting people living with Alzheimer's disease and related dementias, and their families. Send success stories, achievements, or highlight ongoing initiatives to Mariana Reyes ([healthybrainla@ph.lacounty.gov](mailto:healthybrainla@ph.lacounty.gov)) to be featured in a spotlight.

## Featured Resources

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**COMMUNITY RESOURCE**  
[Download New Dementia Bingo Resource for American Indian and Alaska Native Communities.](#)
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**TOOLKIT**  
[Download A Guide on Advanced Care Planning Resources: For People Living with Dementia and Their Care Partners.](#)
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**SUBMIT FEEDBACK**  
[Submit Feedback and Help Shape Healthy Brain Initiative's Road Map for Indian Country.](#)
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**IN CASE YOU MISSED IT**  
[Watch the 2023 National Dementia Care Collaborative \(NDCC\) Autumn Summit.](#)



### Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to Mariana Reyes ([healthybrainla@ph.lacounty.gov](mailto:healthybrainla@ph.lacounty.gov)).



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[www.publichealth.lacounty.gov/healthybrainla](http://www.publichealth.lacounty.gov/healthybrainla)



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